

My First Day of Childcare

Checklist

1.



Bring Backpack

- Pack a large sturdy bag (big enough to fit all your child's belongings.)
- Labelled it with your child's name

2.



Spare Clothes

- Pack several changes of clothes (including socks, underwear, tops, and multiple bottoms)
- Label everything!

3.



Drink Bottle

- Bring your child's named drink bottle.
- Ensure it is leak-proof and easy for your child to use!

4.



Lunch Box

- If meals are not provided bring a named lunchbox with meals and snacks.
- Confirm with the centre director if there are any allergy restrictions.

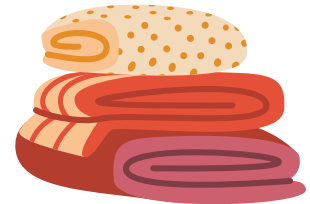
5.



Comfort item(s)

- Pack a favourite blanket or soft toy for rest times.
- Avoid bringing in other toys from home, as most centres have plenty of toys, and it's easy to lose personal items.

6.



Sheets & Bedding

- Confirm with the centre beforehand whether you need to supply your own sheets and bedding.

7.



Specific brands

- Bring in any specific formula, bottles, and special sunscreens, nappy creams, your child requires
- Labelled with their name.

8.



Medication

- Bring in and Inform the educator of any required medication upon arrival.
- Be prepared to fill out a medication form as this cannot be kept in your child's bag.

Day 1 Tips!

- Make sure you have your childcare centre's door code easily accessible, to gain entry on your first day.
- Give yourself plenty of time to drop-off and say goodbye!
- Download your centre's communication app prior to leaving (so you won't miss any precious first day photos!) Good luck.